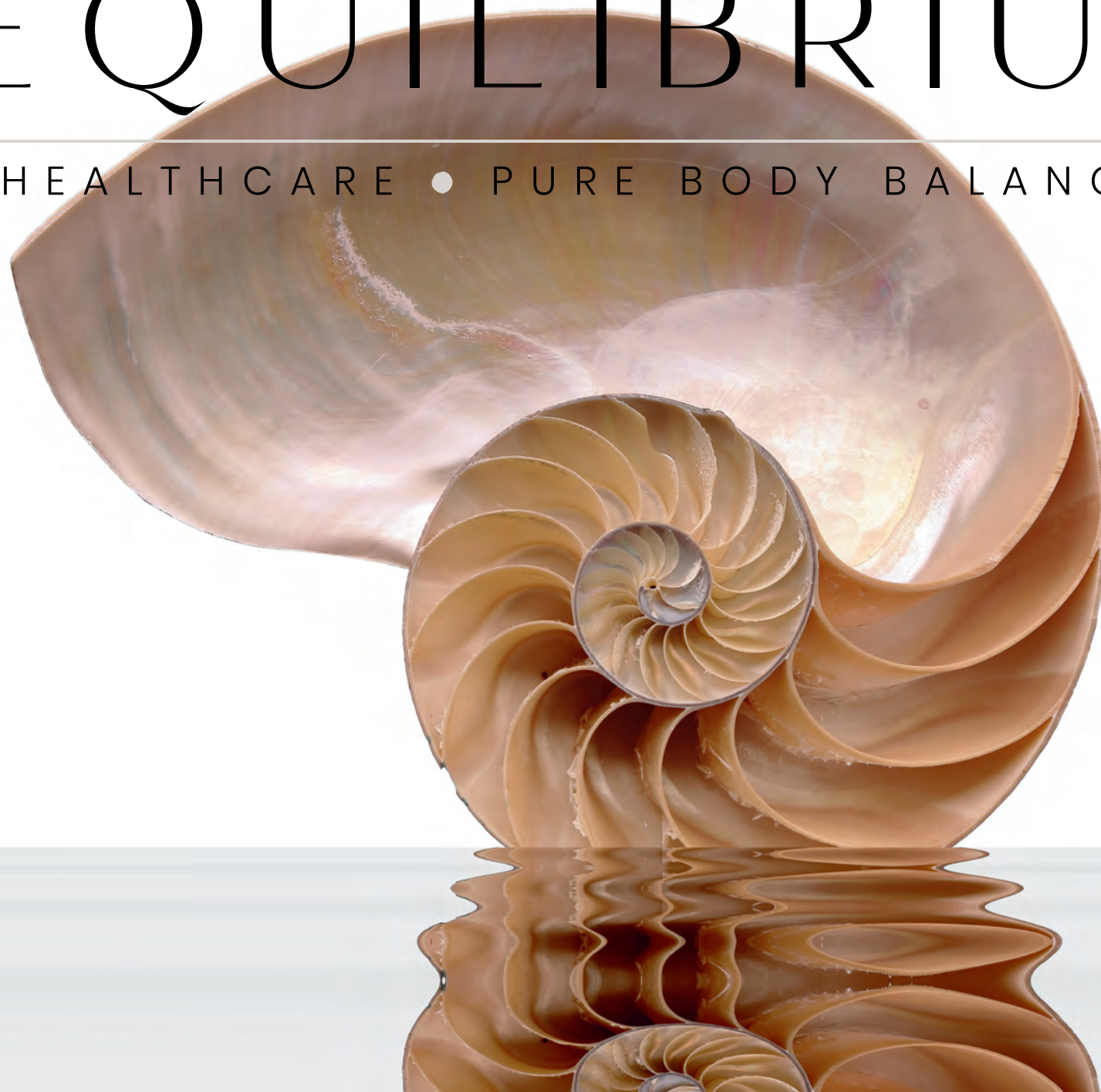


EQUILIBRIUM

HEALTHCARE • PURE BODY BALANCE™



A LIFETIME OF WELLNESS

Step into the future of Wellness where health and balance reign supreme. Equilibrium Healthcare will guide you on your journey to lasting Well-Being.




In a world overwhelmed by fleeting diets, quick fixes and ineffective solutions, Equilibrium Healthcare emerges as a beacon of hope for both men and women seeking a transformative approach to weight management and overall wellness. Founded with the conviction that true health is not merely about weight loss and staving off disease, but about achieving a healthy, balanced lifestyle, Equilibrium Healthcare collaborates with leading medical professionals and the esteemed Robertet scientific team in France, the leaders in Nutraceuticals for over 175 years.

At Equilibrium Healthcare, we understand that choosing a supplement is more than a health decision—it's a personal journey towards being your best. Equilibrium Healthcare is your partner in this journey, offering support and care that empowers you to embrace life with confidence and vitality. Our commitment to quality and efficacy is unwavering, ensuring that every dose you take is a step closer to the best version of yourself. We offer you Medical Grade Quality you can trust.

Every product is subject to Pharmaceutical quality control, ensuring it meets the highest standards of safety and efficacy. Our dedication to excellence means you can trust that you are receiving a supplement that is both safe and effective, backed by medical research, clinical trials, and crafted with care.

Experience the life-changing benefits of our range of supplements.

This is our promise.



THE FUTURE OF SMART WEIGHT LOSS

OPTI+WEIGH™ is a revolutionary weight management supplement that has changed the game in achieving sustainable and tangible weight loss results. Say goodbye to uncertainty and frustration...

and hello to a confident, medically-backed lifestyle program that aligns with your health goals. Unlock a world of benefits that go beyond conventional weight loss supplements. Born from the pursuit of science and to understand human physiology, OPTI+WEIGH™ was designed to revolutionise the weight loss landscape.

OPTI+WEIGH™ is not just another weight loss supplement; it's a holistic approach to wellness that transforms your life.

We believe that weight loss is a transformative journey that should empower you every step of the way. OPTI+WEIGH™ is a comprehensive monthly lifestyle and supplementation program designed to help individuals lose weight gradually and maintain their results for life. This program is medically proven to support weight loss, enhance energy levels, and promote vitality. Our 4-week program embodies the perfect fusion of scientific precision and personal empowerment, offering a comprehensive approach that targets both body and mind. Take your wellness journey to the next level with OPTI+WEIGH™ - shed unwanted weight while enhancing your overall health and vitality.

www.equilibriumhealthcare.co.za

OPTI+WEIGH™

Weight Management meets Optimal Wellness.

True transformation is not just about shedding excess kilos, it's about fostering a sustainable lifestyle that promotes health, confidence, and vitality.

Experience the power of OPTI+WEIGH™ Weight Loss Formula, pharmaceutically formulated with 27 potent actives, enhanced fat burners, and probiotics to reclaim control over your body and life.



- **Powerful Fat Burning Formula:** Harness the power of Garcinia Cambogia, Green Coffee Bean-, Green Tea-, Guarana Seed-, African Mango Extract and many more. Each ingredient is pharmacologically dosed to the maximum to enhance fat burning, boost metabolism, and control appetite.
- **Healthy Mood Enhancement Benefits:** Beyond weight loss, enjoy enhanced energy, reduced stress, improved insulin management and focus. Ingredients like Saffron Extract, L-Theanine, Ashwagandha and Rhodiola Rosea ensure you FEEL less anxious, energised and clear throughout your journey.
- **Proactive Digestive Health:** Our probiotic formula combines cutting-edge research with 27 natural ingredients to deliver unparalleled gut health. Experience improved intestinal balance, immune function and reduced IBS symptoms.
- **Exclusive Blend:** No other product on the market offers this comprehensive combination. Our proprietary medically approved formula ensures you get the most effective, sustainable health solution available.

A NEW PROBIOTIC FORMULA

Transform with Science, Live with Confidence.

Introducing a powerful blend of PROBIOTICS, included to support digestive health and overall well-being.

- Lactobacillus Acidophilus promotes the growth of beneficial bacteria in the gut, aids in lactose breakdown, and boosts the immune system.
- Bifidobacterium Longum enhances gut health by maintaining a balanced intestinal environment, improving digestion of dietary fibers, and supporting immune function, alleviating symptoms of Irritable Bowel Syndrome. (IBS)
- Bifidobacterium Lactis promotes digestive health by improving bowel regularity, enhancing nutrient absorption, and boosting the immune system, while contributing to a balanced microbiome.
- Bifidobacterium Bifidum plays a key role in maintaining a healthy digestive system by supporting the breakdown of complex nutrients and reinforcing the gut lining.

Our probiotic approach aids weight loss efforts by improving gut health, regulating metabolism, reducing inflammation, and reducing digestive issues such as bloating and gas, ultimately supporting overall weight management and well-being.

Key Features and Benefits of OPTI+WEIGH™

- Fueling your body with sustained energy throughout the day
- Enhancing your metabolism and activating thermogenesis
- Potent antioxidant properties delay aging
- Increasing cognitive function and improving memory
- Managing diabetes and improving insulin resistance
- Regulates mood and promote mental health
- Suppresses appetite and reduces cravings
- Reduces stress and anxiety, while improving sleep patterns
- Reduces sugar cravings
- Relieves the symptoms of menopause

Embrace the future of weight loss with our cutting-edge supplement. It's not just about losing weight; it's about enhancing your life. Transform your body and mind with a formula that's as committed to your success as you are.



PERSONALISED MEAL PLANS

Tailored by our Dietetics Experts to achieve your nutritional needs and preferences, ensuring balanced and satisfying meals.



Male Plan_01

Male Plan 1 - Intense Burn
Male Plan 2 - Healthy Lifestyle

Unleash your potential with our Male Performance Plan, designed for those who opt for an intense fat burn or those preferring a simple healthy lifestyle. This plan focuses on optimising muscle growth and recovery, while integrating OPTI+WEIGH™'s powerful blend to boost metabolism and energy. Key features include balanced high-protein meals, nutrient-rich options, ensuring effective weight loss and enhanced vitality.



Female Plan_02

Female Plan - Intense Burn

Empower your journey with the Female Energy Plan, This plan incorporates nutrition to support hormonal balance and stress reduction, providing nutrient-dense meals that enhance fat burning and promote lean muscle. Choose from energising meal options that are easy-to-prepare for busy women on the go.



Vegan Vitality Plan_03

A nutritious and delicious meal plan to be used with your OPTI+WEIGH™ supplement for 4 weeks and achieve guaranteed weight loss

Embrace plant-based living with the Vegan Vitality Plan, crafted to complement OPTI+WEIGH™'s benefits for effective weight loss. This 4-week plan delivers delicious, nutrient-packed vegan meals that support gut health and reduce inflammation. Whether you're a seasoned vegan or new to the lifestyle, experience enhanced wellness and energy with meals that are as satisfying as they are nutritious.



Vegetarian Wellness Plan_04

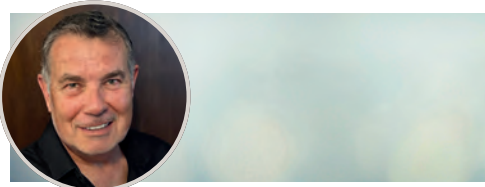
A nutritious and delicious meal plan to be used with your OPTI+WEIGH™ supplement for 4 weeks and achieve guaranteed weight loss

Nurture your body with the Vegetarian Wellness Plan, designed to work harmoniously with OPTI+WEIGH™. This plan offers a variety of wholesome vegetarian meals that aid in weight loss, incorporating a diverse array of flavours and textures that keep you full and satisfied.

OUR PROFESSIONALS

Step into an ACTION paradigm shift in weight management with OPTI+WEIGH™ and embark on a journey towards holistic wellness, effortless transformation, and lasting vitality. It's not about rapid weight loss; it's about sculpting a lifestyle that is sustainable as it is effective. Benefit and learn from the expertise of our professional SMART team of nutritionists, trainers, and wellness coaches who are dedicated to your success.

Benefit with the Ultimate Lifestyle Program! Your journey with OPTI+WEIGH™ will offer you more than just a long term weight management solution. Equilibrium Healthcare provides a comprehensive lifestyle program that includes medical wellness, exercise routines, emotional support, healthy recipes, and advanced body sculpting - all accessible through a user-friendly portal. Developed and validated by medical professionals, you'll have expert support at your fingertips throughout your health journey. Enjoy free access for wellness support or opt for a professional paid consult for customised expert support in the wellness category of your choice.



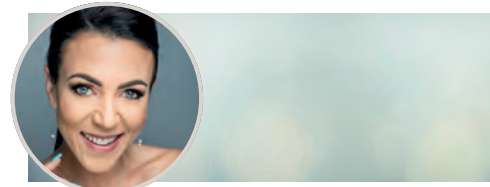
Dr. Herman van Rooyen

Medical Aesthetics, Wellness & Hormones



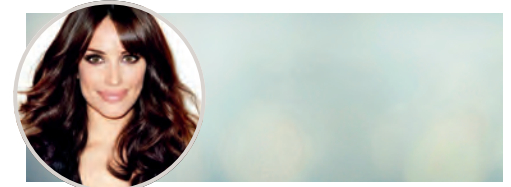
Dalene Rottier

Dietetics and Functional Nutrition



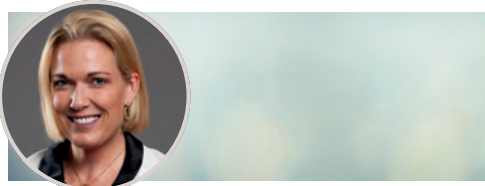
Unetsie Botha

Dietetics and the Healthy Celebrity Chef Lifestyle



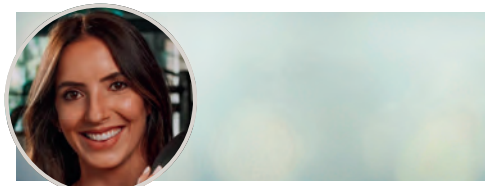
Michelle Goldner

The Psychology of Wellness - Mental Health
Lifestyle Tips and Professional Coaching



Bronwyn Gill

Transformational Kinesiology and Stress
Management



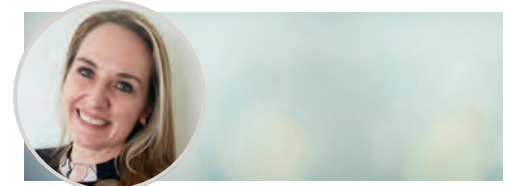
Katy Allderman

Biokinetics - Moms & Tots, Professional Fitness and
Body Sculpting



Sandile King

Professional Strength and Performance Training &
Body Sculpting



Julia Wills

Professional Aesthetics and Beauty

OPTI+WEIGH™

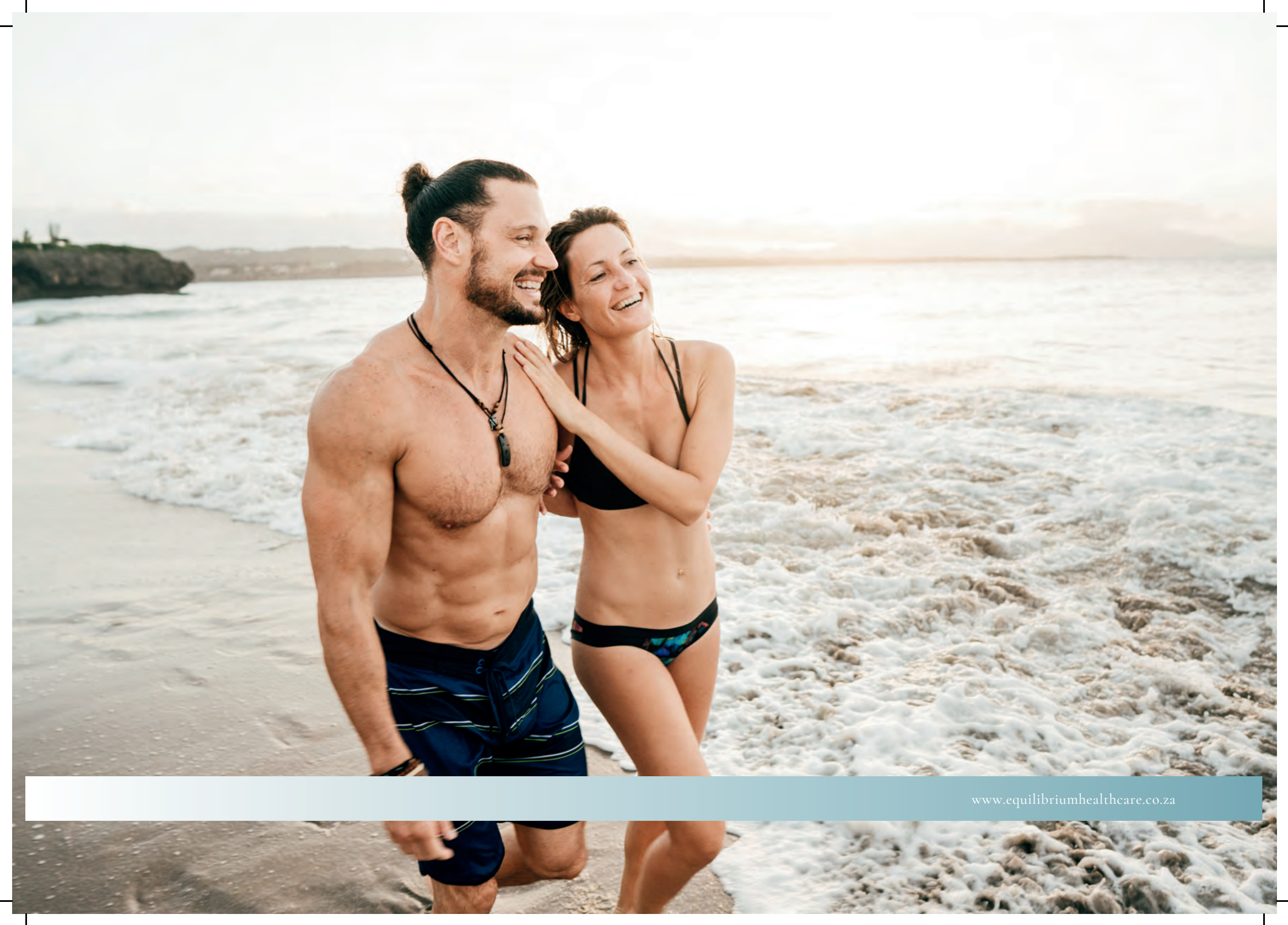
The ingredients in our ground breaking Weight Loss Formula.

- ALCAR (Acetyl-L-Carnitine): Improves cognitive function and energy production by facilitating fatty acid transport into mitochondria.
- Alpha Lipoic Acid (75% R-Isomer): Acts as a powerful antioxidant that helps regenerate other antioxidants and supports glucose metabolism.
- Ashwagandha: Adaptogen that reduces stress, enhances mood, and improves physical performance.
- Berberine: Supports blood sugar regulation and has antimicrobial and anti-inflammatory properties.
- Bioperine: Enhances the bioavailability and absorption of nutrients and supplements.
- Chromium Picolinate: Assists in improving insulin sensitivity and glucose metabolism.
- Cissus Quadrangularis: Promotes joint health and supports bone healing and weight management.
- Coenzyme Q10: Supports cardiovascular health and energy production within cells.
- Garcinia Cambogia: Aids in weight loss by inhibiting fat production and suppressing appetite.
- Green Coffee Bean Extract: Contains chlorogenic acids that generate weight loss and promote healthy blood pressure levels.
- Green Tea Extract: Rich in antioxidants, it supports metabolism and overall health.
- Guarana Seed Extract: Provides a natural source of caffeine for enhanced energy and mental alertness.
- Gymnema Sylvestre: Supports healthy blood sugar levels and reduces sugar cravings.
- African Mango Extract: Promotes weight loss and improve metabolic health by enhancing fat oxidation and regulating blood sugar levels.
- Hordenine: Enhance energy, mood, and increase metabolism.
- Potassium Iodine: Supports thyroid health and hormone production.
- Rhodiola Rosea Extract: Adaptogen that helps reduce fatigue and improve mental performance.
- Saffron Extract: Improves mood and reduce symptoms of depression and anxiety.
- Selenium: Essential for thyroid function and acts as an antioxidant.
- Yohimbe: Supports sexual health and energy levels.
- L-Theanine: Promotes relaxation and reduces stress without causing drowsiness.
- Manganese: Essential for bone health and metabolic functions.
- N-Acetyl Cysteine (NAC): Supports liver detoxification and acts as a precursor to the antioxidant glutathione.
- Lactobacillus Acidophilus: Supports gut health by maintaining a balanced microbiota and enhancing digestion and immune function.
- Bifidobacterium Longum: Promotes digestive health and helps alleviate symptoms of irritable bowel syndrome (IBS).
- Bifidobacterium Lactis: Enhances immune response and supports healthy digestion and nutrient absorption.
- Bifidobacterium Aifidum: Aids in maintaining a healthy intestinal environment and supports immune function.

For further information regarding scientific research and clinical trials please feel free to scan the QR code



Scan me



CHANGE
YOUR SKIN,
CHANGE
YOUR LIFE.

EQUILIBRIUM HEALTH CARE





DIMP-LESS™

A Clinically Proven Cellulite Management

Say goodbye to cellulite with DIMP-LESS™, a revolutionary product backed by two clinical trials and 10 scientific papers, formulated with a powerful ingredient, obtained from a unique Cantaloupe Melon grown exclusively in the south of France. DIMP-LESS™ is a 100% natural antioxidant supplement designed to target subcutaneous fat deposits and visibly reduce cellulite. With a proven mechanism of action, DIMP-LESS™ boosts endogenous defenses and accelerates the reduction of hips and waist size, leading to a smoother appearance of the skin.

How does DIMP-LESS™ work?

By increasing endogenous antioxidant enzymes, DIMP-LESS™ restores a healthy oxidative status, promoting lipolysis, reducing adipocytes hypertrophy, and combating fibrosis. This multi-parametric effect on fat tissue disorders explains the efficacy of DIMP-LESS™ on reducing cellulite and improving overall skin appearance.



Key Features and Benefits of DIMP – LESS™ :

1. Reduction of Visible Cellulite:

Our clinically proven supplement works to reduce the appearance of cellulite on your thighs, buttocks, and other problem areas, giving you smoother and firmer skin.

2. Accelerated Hips and Waist Size Reduction:

DIMP-LESS™ not only targets cellulite but also acts on subcutaneous fat deposits, helping you achieve a slimmer waist and hips.

3. Boosts Endogenous Defences:

By boosting your body's natural defence mechanisms, DIMP-LESS™ enhances lipolysis, reduces adipocyte hypertrophy, and combats fibrosis.

4. Fast-Acting Results:

With visible improvements seen in as little as one month, our supplement offers fast and effective results for those looking to tackle cellulite and achieve a more toned appearance.

At Equilibrium Health Care, it is our mission to address our customer's deepest concerns and providing effective and proven solutions. We understand the impact that cellulite can have on your confidence and quality of life. DIMP-LESS™ targets cellulite at its root cause and deliver visible results.



EQUILIBRIUM HEALTH CARE



DIMP-LESS™ is designed to provide visible results in reducing cellulite and enhancing body contours.

Quality and Clinical Trials: Our supplement is backed by extensive research and clinical trials to ensure its efficacy and safety. Two clinical trials have demonstrated the bioactivity and efficacy of DIMP-LESS™ in reducing cellulite and improving skin texture. These trials have shown a significant reduction in visible cellulite and a decrease in subcutaneous fat deposits, leading to a smoother and more toned appearance.

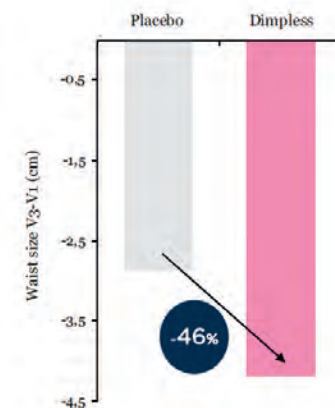
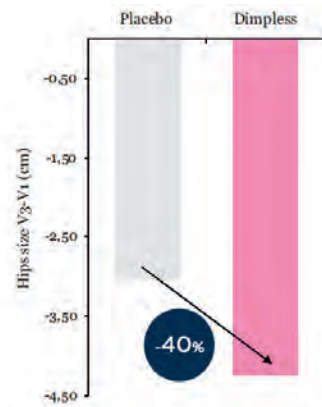
Proven Results and Mechanism of Action: DIMP-LESS™ contains 100% natural antioxidant enzymes, obtained from a unique variety of Cantaloupe Melon grown exclusively in the south of France. These enzymes work to restore a healthy oxidative status in the body, reduce fat storage, and promote lipid metabolism. By addressing the root causes of cellulite from within, DIMP-LESS™ delivers targeted results that go beyond skin deep.

DIMP-LESS™

The ingredients in our ground breaking Cellulite Management supplement.

- Dimpless® Melon Extract: 100% natural antioxidant supplement designed to target subcutaneous fat deposits and visibly reduce cellulite.
- Coleus Forskohlii: Contains forskolin, which supports metabolism and aid in weight management and heart health.
- Acetyl-L-Carnitine: Enhances cognitive function and energy production by facilitating fatty acid transport into mitochondria.
- Ginkgo Biloba: Improves cognitive function and circulation, and help reduce symptoms of anxiety.

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Before and After images of participants using DIMP-LESS™

DIMP-LESS™ and OPTI + WEIGH™ can be used together for even faster results.

For further information regarding scientific research and clinical trials please feel free to scan the QR code





www.equilibriumhealthcare.co.za

PURE BODY BALANCE™

Discover the Secret to Timeless Beauty, Strength and Vitality – Tri-HELIX COMPLEX™



In association with the world leader in collagen production with over 130 years of expertise, discover the Secret to Timeless Beauty, Strength and Vitality with our clinically proven Medical – Grade Collagen: PURE BODY BALANCE™. In a world where beauty and wellness are intertwined, Equilibrium Healthcare introduces a revolutionary collagen supplement with THE NEW Tri-HELIX COMPLEX™. A scientific breakthrough in collagen molecule decoding that redefines what it means to age beautifully.

Fusing together a blend of three distinct clinically proven varieties of grass-fed bovine collagens. This unique Tri-HELIX COMPLEX™ harnesses the power of bioactive peptides, guiding your body back to its natural balance and targeting the root causes of aging. Imagine a life where your skin glows with youthful radiance, your joints are pain free and your hair and nails are strong and vibrant. PURE BODY BALANCE™ is pharmacologically designed to transform these dreams into reality.

Unlock the Fountain of Youth with PURE BODY BALANCE™

EQUILIBRIUM HEALTH CARE



PURE BODY BALANCE™ is more than just a Medical Grade fortified Collagen Supplement; it's a commitment to a Healthier, more Vibrant you.

Incorporating the highest dosage of collagen on the medical aesthetic market - 14,340 mg of the Tri-HELIX COMPLEX™ - this supplement stands at the pinnacle of collagen science. The Global Leader in collagen production, with over 130 years of expertise, extensive clinical research, including clinical trials, backs our innovative approach, not only enhancing the bioactivity of collagen but also ensuring clinically proven results that you can see and feel.

These clinical trials highlight significant improvements in skin elasticity, hair strength, joint mobility, and overall vitality. Crafted to perfection, our Medical-Grade, fortified collagen not only supports aesthetic enhancements but also contributes to Weight Management, Joint Support, Boosting Immunity, and Optimising Gut Health.

THE TRI-HELIX COMPLEX™

New Scientific Breakthrough

Equilibrium PURE BODY BALANCE™ Tri HELIX COMPLEX™ represents a significant advancement in the field of health and beauty. Equilibrium, in partnership with the world leader in collagen production and 130 years of experience, harnesses the power of 3 different collagen peptides, revolutionising targeted skincare and well-being, offering an unsurpassed, holistic approach to beauty from within. The collagen triple helix is a newly discovered structural pattern found in collagen, the most abundant protein in the human body.

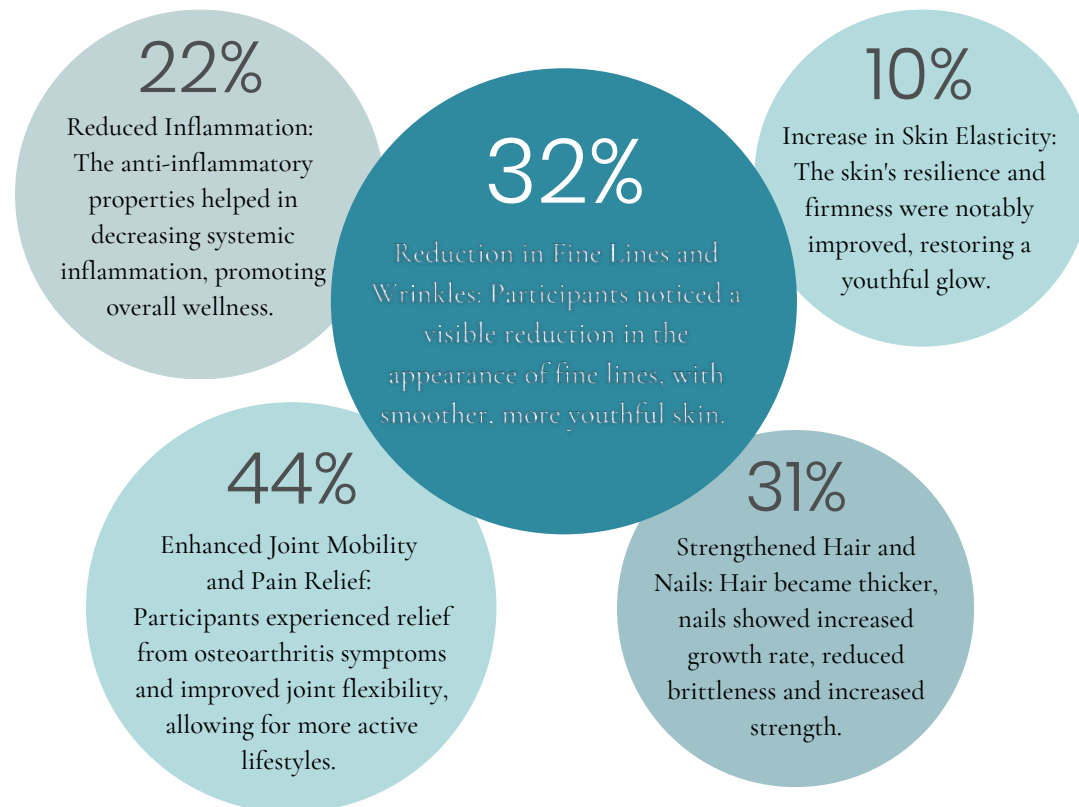
Our new Tri-HELIX COMPLEX™ is composed of three clinically proven peptide types, each with powerful new benefits. These three peptide helices twist together to form a Super Helix. This unique structure gives collagen new high-tensile strength, which is essential for the integrity of tissues such as skin, tendons, and bones. The Super Helix is unique among all other protein structures – globular or fibrous – in its capacity to encode vast amounts of information that is available on its surface for utilisation on the outside of cells. The triple helix, arranged in various patterns forming diverse supramolecular scaffolds, tethers and spatially organises macromolecules, providing tensile strength to tissues and influencing cell behaviour producing unsurpassed health benefits.



CLINICALLY PROVEN

Key Features and Benefits of PURE BODY BALANCE™

Collagen is not just a component of beauty; it's a structural powerhouse that supports skin, bones, hair, joints, and more. Our commitment to excellence is validated by rigorous clinical trials. Clinical Studies conducted have demonstrated significant improvements in skin elasticity, hair strength, reduction in fine lines and enhanced joint mobility.



1. Rejuvenate Your Skin: Say goodbye to fine lines, wrinkles, and sagging skin with our Tri-HELIX COMPLEX™ that promote skin elasticity and firmness. Clinical trials have shown a visible reduction in the signs of aging and a more youthful complexion.

2. Strengthen Your Hair and Nails: Experience thicker, fuller hair and resilient nails that no longer break easily. Our collagen formula nourishes from within, leading to healthier hair strands and nails that shine with vitality.

3. Support Joint Health: Combat osteoarthritis and joint pain with the exceptional joint-supporting properties of our collagen peptides and NEW ASU complex. Enjoy better mobility, reduced inflammation, and enhanced joint flexibility for an active lifestyle.

4. Reduce Inflammation: Our Tri-HELIX COMPLEX™ collagen supplement has been rigorously tested to show significant reductions in inflammation markers, promoting overall wellness and aiding in recovery from strenuous exercise.

5. Enhance Sports Training and Nutrition: Athletes and fitness enthusiasts can benefit from our Tri-HELIX COMPLEX™'s proven ability to accelerate muscle recovery, reduce muscle soreness, and improve performance after intense workouts. Boost your training regimen and reach new heights with PURE BODY BALANCE™.

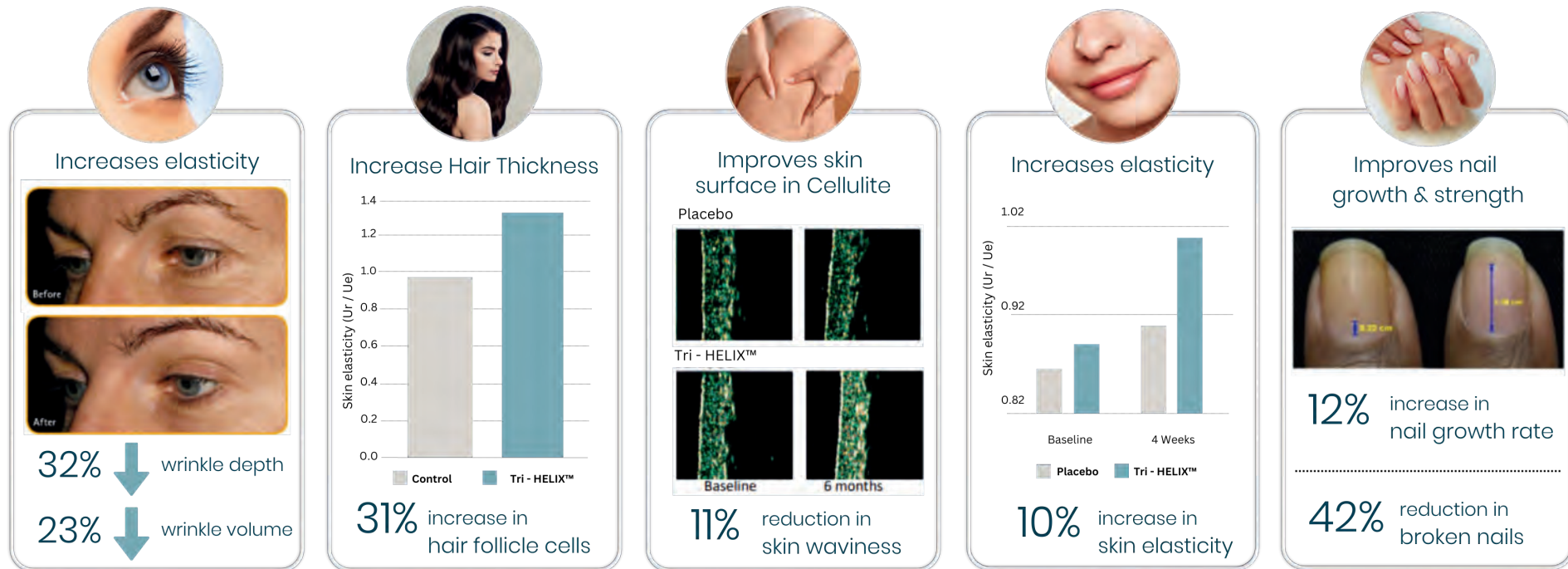
CLINICAL TRIAL: BEAUTY

SKIN HEALTH TRIAL RESULTS

A double-blind, placebo-controlled study researched the effectiveness of Tri-HELIX COMPLEX™ on eye wrinkle formation and stimulation of procollagen I, elastin and fibrillin biosynthesis in the skin. A 114 women aged 45 - 65 years were randomly assigned to two groups. A controlled group received a daily dose of Tri-HELIX COMPLEX™ once a day for 8 weeks or placebo group, with 57 subjects being allocated to each treatment group. Skin wrinkles were objectively measured in all subjects, before starting the treatment, after 4 and 8 weeks as well as 4 weeks after the last intake (4-week regression phase).

HAIR HEALTH TRIAL RESULTS

In another placebo-controlled study, the effects of Tri-HELIX COMPLEX™ intake on hair thickness and metabolism were investigated. The study was conducted on 44 healthy women aged between 39 and 75, who each received a daily dosage of Tri-HELIX COMPLEX™ or placebo. After a treatment period of 16 weeks, hair thickness was determined and compared with the thickness at the beginning of the trial.

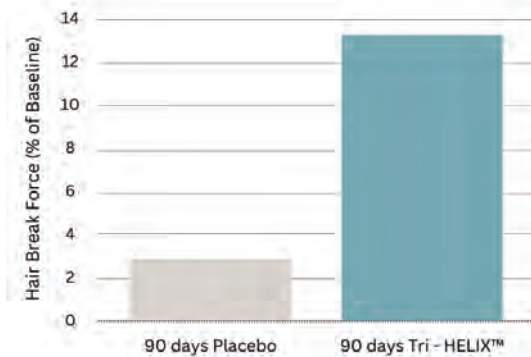


CLINICAL TRIAL: SKIN & HAIR

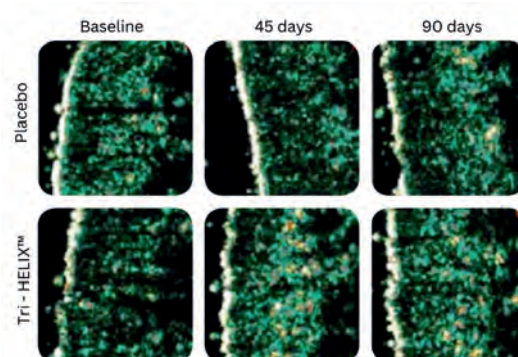
CLINICALLY PROVEN PERFORMANCE

Through randomised, placebo-controlled, double-blind studies, Equilibrium PURE BODY BALANCE™ has demonstrated remarkable benefits in improving skin density, elasticity, hydration, and reducing wrinkles. Clinical studies proved the effects of Tri-HELIX COMPLEX™ on the mechanical strength of hair and skin density. Changes were measured after 90 days of supplementation relative to baseline (before supplementation). This study included 30 healthy women aged 45 - 60 years of diverse hair types, each using a daily supplementation of Tri-HELIX COMPLEX™.

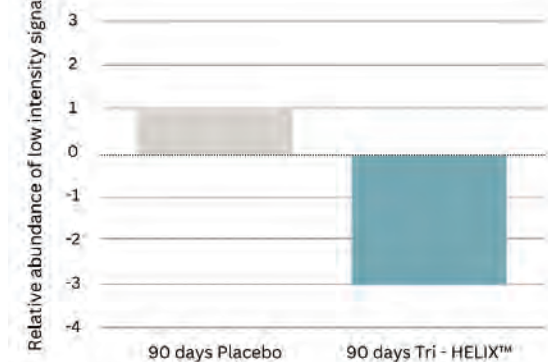
Mechanical Strength of Hair



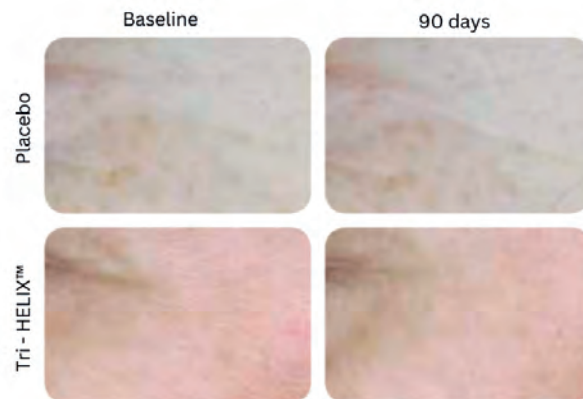
Dermal Density Scans



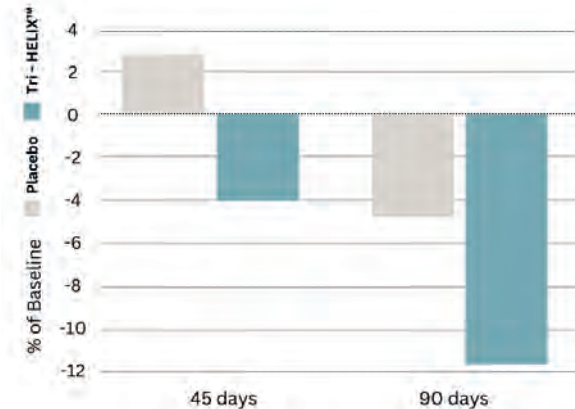
Dermal Density



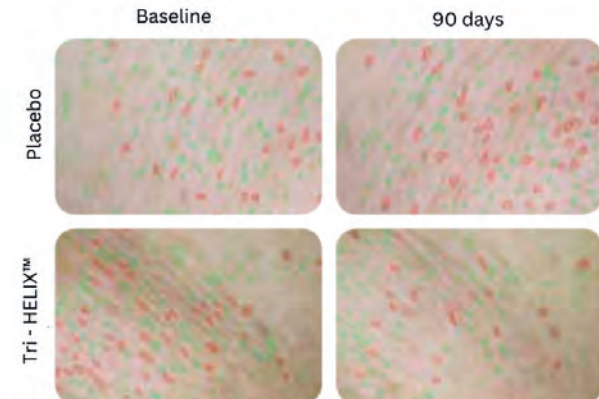
Wrinkles around the Eye before and after photos



Wrinkles around the Eye



Visibility of Pores before and after photos



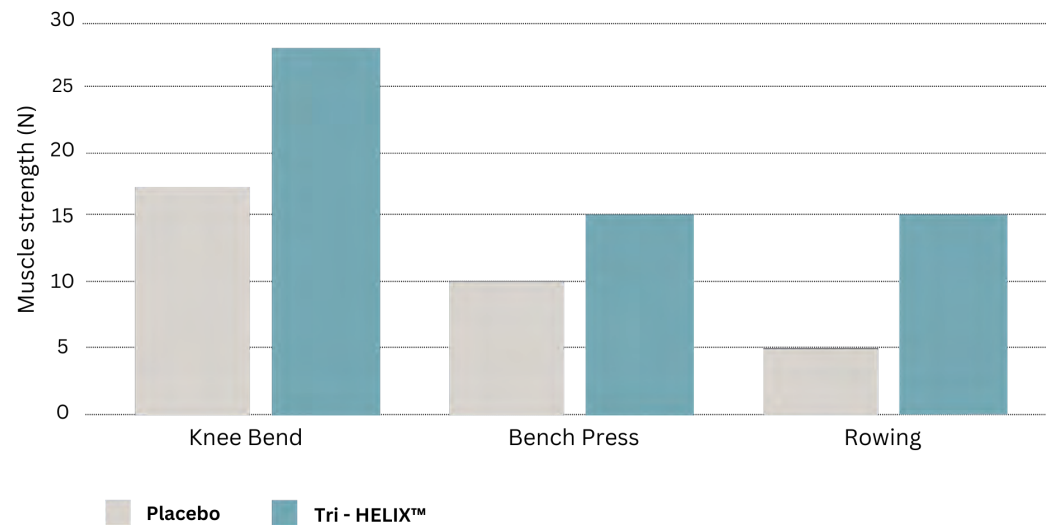
CLINICAL TRIAL: MUSCLE

CLINICALLY PROVEN STENGTH ENHANCEMENT

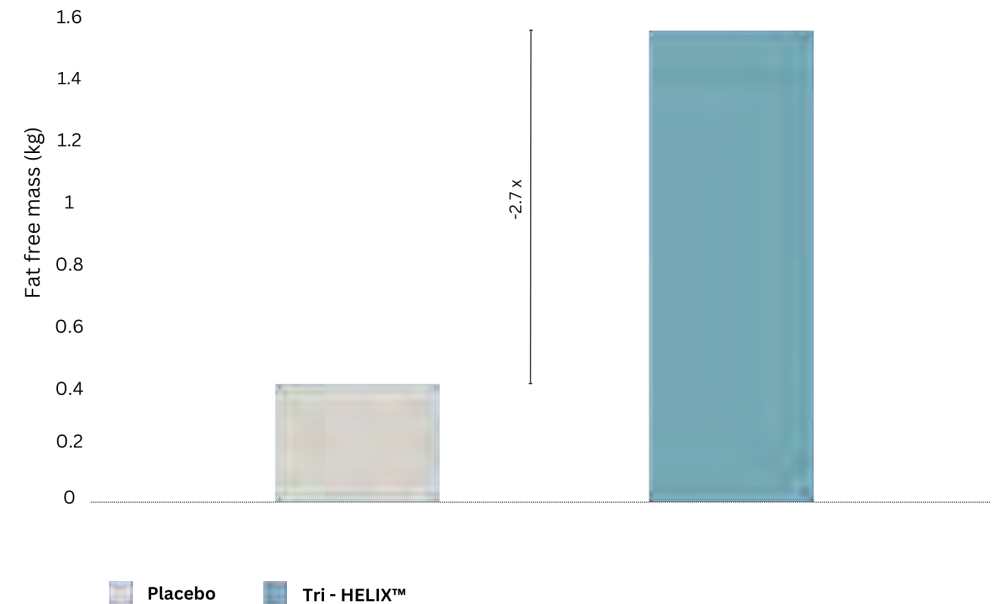
In a comprehensive study, the effects of progressive resistance training on body composition and muscle strength was investigated. The clinical trial included 444 subjects divided into various groups: 53 elderly men with an average age of 72 ± 5 years, 105 adult men aged 30-60, 77 premenopausal women aged 18-50, 57 young active men with an average age of 24 ± 3 years, 30 recreationally active men averaging 25 years old, and 97 middle-aged untrained men aged 50 ± 6 . Each group received a daily dose of Tri-HELIX COMPLEX™ for 12 weeks.

Over the 12-week period, participants engaged in one hour of progressive resistance exercise training, three times a week. The study results significantly confirmed increases in lean body mass, decreases in fat mass, reduced muscle loss in the elderly, and increased muscle strength.

Muscle Strength Improvement



Fat Free Mass Improvement



CLINICAL TRIAL: STIFFNESS

PROVEN REDUCTION IN JOINT PAIN AND STIFFNESS

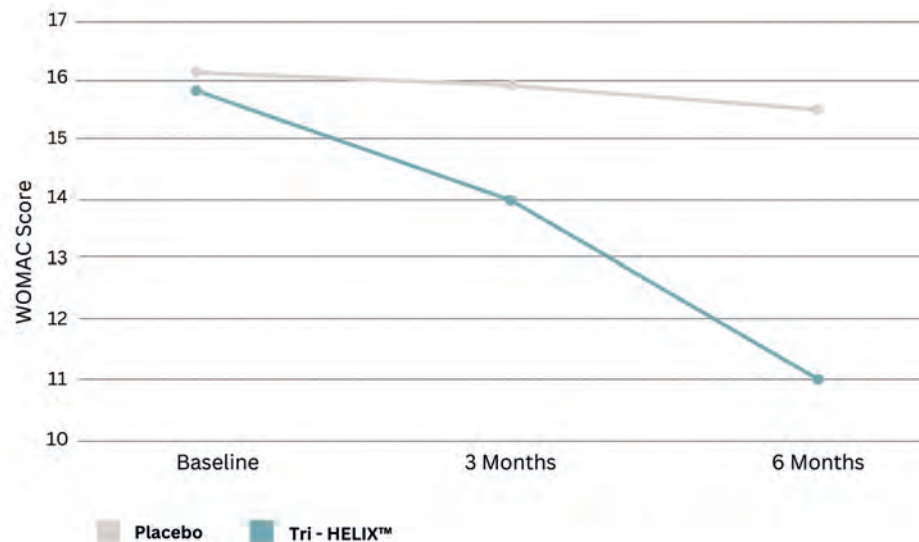
Clinical trials tested the effects of a daily dose of Tri-HELIX COMPLEX™ on the symptoms of osteoarthritis in elderly woman. A randomised, double blind, placebo - controlled clinical study was performed on a 100 women between the ages of 40 years - 70 years. The Clinical trial was conducted over a period of 6 months.

Results showed the significant decrease in joint pain and stiffness, including an improvement in joint function. The Lysholm score significantly improved (evaluates knee function, by integrating information on limping, stair climbing, locking, giving way of the knee during activity and the ability to squat the joint.) The Womac score - (calculating pain, stiffness and functional limitation of joints) decreased rapidly during the course of the clinical trial.

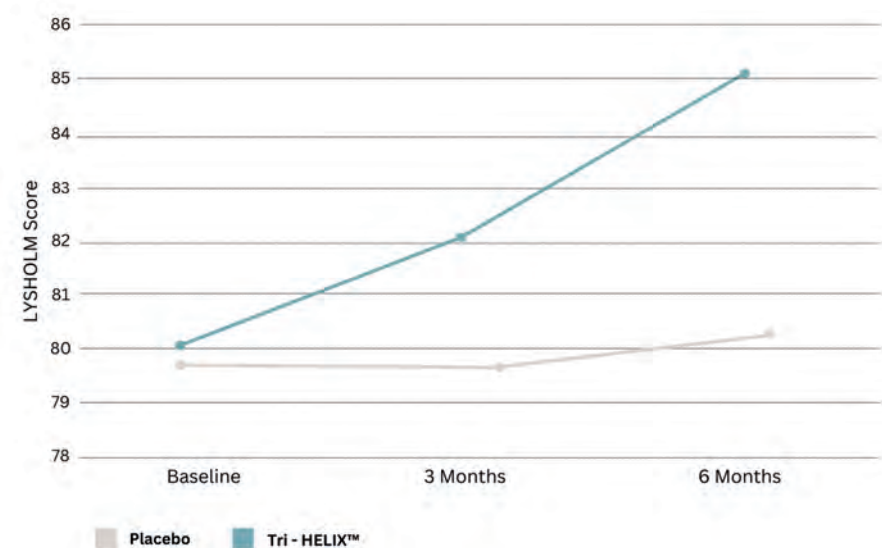
PROVEN REDUCTION IN OA SYMPTOMS

399 patients were randomised, aged 62 (35–84) years, 54% women, mean body mass index 27 (SD 4) kg/m², mean symptom duration 4 (SD 5) years, 0–100 normalised Lequesne Index 30 (SD 9) and global pain visual analogue scale 37 (SD 23) mm. Mean baseline JSW was 2.8 (0.9) mm. There were 20% less progressors in the ASU-E than in the placebo group (40% vs 50%, respectively, p=0.040). Safety was excellent.

Osteoarthritis Trials (1) Pain & Stiffness



Osteoarthritis Trials (2) Joint Functionality



A SYMPHONY OF FLAVOURS

Crafted for Convenience – Understanding the demands of Modern Life.

With a Scientific Research collaboration spanning over 130 years, Equilibrium Healthcare is at the forefront of collagen research. Our partnership with esteemed medical research institutes has allowed us to decode the language of collagen, uncovering a multitude of new health benefits.

PURE BODY BALANCE™ is designed for convenience without compromising on quality. Each package contains a 20-portion monthly supply, tailored for easy on-the-go use. The recommended usage of 5 days on and 2 days off provides an optimal balance, allowing your body a tolerance break for sustained benefits.

We believe wellness should be a delightful experience. PURE BODY BALANCE™ comes in three exquisite, sugar-free flavours:

- Natural - Vanilla
- Cranberry - Apple
- Rooibos - Lemon Iced Tea.

Each flavour is crafted to please your palate while delivering unsurpassed health benefits.



QUALITY YOU CAN TRUST

PURE BODY BALANCE™ offers a medically proven comprehensive solution with ASU to support joint health, bone density, and muscle recovery, allowing you to stay active and mobile with ease.



Say goodbye to osteoarthritis symptoms and joint pain that may be holding you back from enjoying life to the fullest. Our collagen formula is backed by clinical trials that have shown significant improvements in joint discomfort and function, allowing you to move with ease and flexibility. Experience the freedom of pain-free joints and rediscover the joy of effortless movement. Inflammation can wreak havoc on your body, affecting everything from your skin to your joints.

Avocado Soybean Unsaponifiables (ASU) are a natural extract used in the management of osteoarthritis, known for their anti-inflammatory and joint-protective properties. ASU works by inhibiting pro-inflammatory mediators and stimulating the repair of cartilage. Clinical studies have shown that ASU can reduce pain and stiffness while improving joint function, offering a potential alternative or complement to traditional NSAIDs without the associated gastrointestinal side effects.

*Refer to page 22 for clinical trial results.

Key Benefits :

- Reduced joint discomfort and pain
- Improved joint function and mobility
- Preserved cartilage and reduced inflammation
- Increased bone density and protection against bone loss
- Enhanced muscle recovery and decreased soreness post-exercise

BEAUTY FROM WITHIN

PURE BODY BALANCE™ is more than just a skincare supplement; it is a promise of Rejuvenation, Renewal, and Timeless Beauty from within.



PURE BODY BALANCE™ is set apart from the sea of collagen products flooding the market.

- Not only is it the highest dosage of clinical collagen available, but the Tri-HELIX COMPLEX™ is crafted in collaboration with the world leader in collagen production with 130 years of expertise that means you get the latest technology, enhanced collagen performance and the highest standards of purity and potency.
- The premium NEW Tri-HELIX COMPLEX™ collagen peptide formula is designed to target the very roots of the beauty concerns that plague us all. Our Tri HELIX COMPLEX™ targets the density structure, strength, and flexibility of our skin, hair, and nails. Clinical trial results prove improved skin firmness, elasticity, hydration, and reduced wrinkles. Its role in delaying signs of aging and enhancing overall skin health is undeniable.
- Equilibrium PURE BODY BALANCE™ stands out as an upcycled active made from natural resources, halal certified, highly bioavailable, pure, safe, and convenient to use. Its clean composition makes it a preferred choice for health-conscious consumers.

Key Benefits :

- Rejuvenate the skin for enhanced beauty and delayed aging
- Combat the signs of aging reducing fine lines and wrinkles
- Smooth and firm the skin, giving you a more youthful and rejuvenated look
- Strengthens hair and nails, providing you with fuller, thicker hair and more resilient nails

PURE-BODY BALANCE™

The ingredients in our ground breaking Collagen Peptide Supplement

- PURE BODY BALANCE™ contains the highest aesthetic dosage of bovine-based Tri HELIX COMPLEX™ collagen and is certified Halal at the source. Three different collagen types, each with specific targeted benefits, blend seamlessly together to create the Tri HELIX COMPLEX™ providing you with unsurpassed performance and focused results supporting Beauty, Strength, Vitality, Flexibility and Healing with specific focus on combatting Osteoarthritis symptoms.
- Avocado-Soybean Unsaponifiables (ASU) 30% Sterols: Reduces inflammation and supports joint health and cartilage repair.
- L-Leucine: Essential amino acid that stimulates muscle protein synthesis and supports muscle recovery.
- L-Valine: Essential amino acid that aids in muscle growth, tissue repair, and energy production.
- L-Isoleucine: Essential amino acid that supports muscle metabolism and endurance.
- MethylSulfonylMethane (MSM): Reduces inflammation and supports joint health and mobility.
- Glucosamine Sulfate: Supports joint health by promoting cartilage formation and repair.
- Chondroitin Sulfate: Enhances joint health by maintaining cartilage structure and reducing inflammation.
- Hyaluronic Acid (HA): Promotes skin hydration reducing wrinkles and promotes wound healing. It also lubricates joints.
- Glutathione: Powerful antioxidant that supports detoxification, reducing blemishes and hyperpigmentation with anti-melanogenic properties, and supports immune function.
- Vitamin C (Ascorbic Acid): Essential for collagen synthesis, immune support, and antioxidant protection. It hydrates and brightens skin, reducing the appearance of under eye dark circles
- Zinc (as Zinc Gluconate): Supports immune function, wound healing, and DNA synthesis. It reduces inflammation and promotes a clear, more even complexion.
- Vitamin K2 (Menaquinone-7): Promotes bone and cardiovascular health by aiding calcium regulation and plumps skin to appear younger and fuller. Also combats acne scarring and rosacea.
- Vitamin E: Acts as a potent antioxidant that protects cells from oxidative damage. It also strengthens the skin barrier and moisturises dry skin.
- Manganese (as Manganese Sulfate): Essential for bone health, metabolism, and antioxidant defence. It also stimulates natural collagen production and wound healing.
- Selenium (as Selenium AAC 2%): Supports thyroid function and provides antioxidant protection.
- Vitamin D3 (Cholecalciferol): Essential for bone health, immune function, and calcium absorption. It also prevents premature aging by promoting a natural defence against sun damage
- Astaxanthin: Powerful antioxidant that supports skin health and reduces inflammation. It also improves age spots, skin elasticity and wound healing.
- Biotin: Supports healthy hair, glowing skin, stronger nails and energy production. Biotin deficiency leads to hair loss and brittle nails.

For further information regarding scientific research and clinical trials please feel free to scan the QR code



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